



CALEY CRUISERS

Boating Holidays in Scotland

Winter Head Incorporating The Scottish Student Rowing Head Saturday 4th March 2023 Sunday 5th March 2023

**Hosted by Inverness Rowing Club on the
Historic Caledonian Canal**

Racing will take place on both Saturday and Sunday in two
divisions over a 4500m course¹

(Held in accordance with the Rules of Scottish Rowing)

FEES for SENIOR Crews: (£9.00 per seat)

FEES for JUNIOR Crews: (£7.50 per seat)

FEES for Mixed JUNIOR/SENIOR Crews: (£9.00 per seat)

Complete Crews of JUNIOR Entrants will be charged at £7.50 per seat if entering SENIOR Events.

MIXED age crews containing Seniors & Juniors will be charged at the SENIOR Crew rate for all seats in the crew.

There will be no charge for Coxes

**ALL ENTRIES & PAYMENTS to be received by TUESDAY 21st
FEBRUARY 2023 AT 23:00hrs
No late entries will be accepted**

Events Offered

SATURDAY 4 MARCH

Division 1 - Start time 12:00					
Open Events			Womens' Events		
No	SR Event	SSS Event	No	SR Event	SSS Event
1	O 8+	Champ 8+	13	W R2 8+	W Int 8+
2	Nov 8+	Beg 8+	14	W J18 8+	
3	Mas 8+				
4	J16 8+				
5	R2 4+	Int 4+	15	W O 4-	W Champ 4-
6	J18 4-		16	W Mas 4+	
			17	W J16 4-	
7	R2 4x+	Int 4x+	18	W O 4x	W Champ 4x
8	J18 4x		19	W Nov 4x+	W Beg 4x+
9	J15 4x+		20	W Mas 4x	
			21	W J16 4x	
			22	W J14 4x+	
10	R1 2-				
11	Mix Mas 2x		23	W R1 2x	
12	R1 1x				

Division 2 - Start time 15:00					
Open Events			Womens' Events		
No	SR Event	SSS Event	No	SR Event	SSS Event
24	R2 8+	Int 8+	36	W O 8+	W Champ 8+
25	J18 8+		37	W Nov 8+	W Beg 8+
			38	W Mas 8+	
			39	W J16 8+	
26	O 4-	Champ 4-	40	W R2 4+	W Int 4+
27	Mas 4+		41	W J18 4-	
28	J16 4-				
29	O 4x	Champ 4x	42	W R2 4x+	W Int 4x+
30	Nov 4x+	Beg 4x+	43	W J18 4x	
31	Mas 4x		44	W J15 4x+	
32	J16 4x				
33	J14 4x+				
			45	W R1 2-	
34	R1 2x				
35	Mix R2 2x				
			46	W R1 1x	

SUNDAY 5 MARCH

Division 1 - Start time 11:30					
Open Events			Womens' Events		
No	SR Event	SSS Event	No	SR Event	SSS Event
47	R1 8+		61	W Nov 8+	W Beg 8+
48	Mix R2 8+				
49	Nov 4+	Beg 4+	62	W R1 4-	
			63	W R1 4x	
50	O 2-	Champ 2-	64	W R2 2-	W Int 2-
51	Mas 2-		65	W J16 2-	
52	J18 2-				
53	R2 2x	Int 2x	66	W O 2x	W Champ 2x
54	J16 2x		67	W Nov 2x	
55	J15 2x		68	W Mas 2x	
			69	W J18 2x	
			70	W J14 2x	
56	O 1x	Champ 1x	71	W R2 1x	W Int 1x
57	Nov 1x		72	W J16 1x	
58	Mas 1x		73	W J15 1x	
59	J18 1x				
60	J14 1x				

Division 2 - Start time 14:30					
Open Events			Womens' Events		
No	SR Event	SSS Event	No	SR Event	SSS Event
74	Nov 8+	Beg 8+	89	W R1 8+	
75	Mix Mas 8+				
76	R1 4-		90	W Nov 4+	W Beg 4+
77	R1 4x				
78	Mix Mas 4x				
79	R2 2-	Int 2-	91	W O 2-	W Champ 2-
80	J16 2-		92	W Mas 2-	
			93	W J18 2-	
81	O 2x	Champ 2x	94	W R2 2x	W Int 2x
82	Nov 2x		95	W J16 2x	
83	Mas 2x		96	W J15 2x	
84	J18 2x				
85	J14 2x				
86	R2 1x	Int 1x	97	W O1x	W Champ 1x
87	J16 1x		98	W Nov 1x	
88	J15 1x		99	W Mas 1x	
			100	W J18 1x	
			101	W J14 1x	

*Please see section "The Scottish Student Rowing Head" on page 5 below for information on how to enter the Student events



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Inverness Rowing Club (A SCIO with registration number SC046612)

General information

The Essential Information Document must be read and understood by ALL athletes, coxes and coaches. These are for your safety and to support smooth running of the event.

Entries fees / Registration

- **Senior crews** £9.00/seat and **Junior crews** £7.50/seat, **Mixed Junior/Senior Crews** £9.00/seat, this includes Scottish Rowing levy and charges levied by Scottish Canals. **Note: coxes are free.**
- All entry fees must be paid **before** the DRAW takes place. **There will be no payment for entries on the day.**
 - Online payments can be made using the following details:-
 - Account Name: Inverness Rowing Club,
 - Sort Code 09-01-29,
 - Account No.13095792.Please ensure you include your club name as an identifier and let us know by email that you have paid.
- Registration will open at 09:00 to allow a Club Representative to collect Registration Pack, 1 pack will be issued per Club. This Pack will contain bow and paper back numbers, a form for changes and a bin bag for clearing up rubbish before leaving. Please note that running orders will no longer be part of the packs but will be available to view in central locations.
- Every club will be expected to pay a flat deposit of £20 cash for bow numbers at registration. Clubs must return all bow numbers so that they can be reused at our next event. Clubs will be charged £5 for each bow number that is lost or damaged and needs to be replaced.
- Clubs are reminded of their responsibility to ensure that all entrants have a valid racing licence. **Clubs must provide a summary of the racing licence information for all competitors entered** (e.g. a download of the information provided on the Scottish Rowing membership system) – this should include Name & Licence Number plus Date of Birth (for Junior and Masters' entries) and be submitted when collecting their Registration Pack.
- Registration of **Finalised** Club Entries must be made by one Club official.
- Crew Changes and Scratched Entries on the day to be notified on form included in Registration Pack.
- Refunds to Clubs will only be made if Organisers are advised prior to the Draw being made.

All entries and payment to be received by Tuesday 21st February 2022 at 2300hrs

ENTRY ONLY VIA EMAIL USING THE FOLLOWING SPREADSHEETS-

SR Entries-

<https://www.events.invernessrowing.uk/Mar2023/IRCEightsEntryForm.xlsx>.

Student Entries-

<https://www.events.invernessrowing.uk/Mar2023/IRCEightsStudentEntryForm.xlsx>.

E-mail – eights@invernessrowing.uk for entries, any queries and confirmation of online payments.

Racing

- All coxes/coaches/steerers must attend marshalling briefing at 9.10am- D1, 11a.m. – D2 each morning
- The event will be run in accordance with the Scottish Rowing Rules of Racing and Scottish Rowing Water Safety Code
- On Saturday, the first division will commence at 12:00 and the second division will commence at 15:00.
- On Sunday, the first division will commence at 11:30 and the second at 14:30.

Possible Event Control Options

This event tends to be a smaller event than our November Fours & Small Boats Head so the regatta organisers do not expect to run a short and long course as a way to manage the marshalling at the start.

However, if entry numbers are significantly greater than previous events and/or if weather forecasts indicate that it is prudent to make changes then we shall review options to reduce waiting times at the start.

Options that may be considered include:-

- Running the event (or some categories in each division) in the reverse direction from the boathouse to Dochgarroch (crews would be marshalled in the straight below the swing bridge);
- Launching all fours/quads/eights early, i.e. before the small boats;
- Shortening the course for the Novice and J14/J15 events, who would start after the first corner at a point on the "Beeches Straight".

These changes may result in a slight amendment to the start time of the divisions but there will be no change to the usual launching times, i.e. in any event all crews wanting to row in Division 1 must be available to launch from 10:30 on Saturday and 10:00 on Sunday.

Punctuality

- All boats must have passed the finishing line on their way to the start no later than 30 minutes before the start time. .
- Late departures will be disqualified and turned back, in fairness to crews waiting at the start.
- Short course crews must be in position at the start 10 minutes before the start of racing. Long course crews must have passed the short course crews before the scheduled start time for the short course.
- Crews arriving late at the start will receive time penalties. 10s will be added for every minute a crew is late.

The Scottish Student Rowing Head

- The following eligibility criteria apply to Student Event entries
 - Open - any sculler/crew may enter
 - Intermediate - sculler/crew of R1 status or below
 - Beginner - sculler/crew learned to scull/row in current academic year
 - Cox - male 55kg, female 50kg
 - A second entry can only be made in an Intermediate event if an entry is made in the equivalent Championship event. There is no limit on the number of entries that can be made in any event subject to this restriction.
 - All students eligible under Scottish Student Sport rules are invited to enter provided their university or college is affiliated to Scottish Student Sport.
 - A Scottish Rowing licence must be held by all competitors
- Student crews should use the Student entry form and enter the relevant Scottish Rowing event. They will automatically entered into both the Scottish Rowing and the corresponding Student Event
 - For example, to enter the W Champ 2- use event number 91 and that crew will be entered in both the W O 2- and the W Champ 2- events
 - Please use the comment box to let us know if an Intermediate crew has R1 status and is not eligible to row in the corresponding Scottish Rowing event
- The event organisers will endeavour to ensure that the running order is arranged so that the Student crews are set off from the start in a consecutive block, for example
 - in the open events all Student crews will start before their competition from other clubs in the corresponding Scottish Rowing event
 - (depending on the entries received) crews in beginner events might be set off either before or after all the corresponding Scottish Rowing crews
- Please contact Matt Simpson (scotsturowing@gmail.com) for any questions relating to Student events



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General

Prizes shall be awarded for the fastest in each category, provided more than 2 crews are competing.

Masters events will be raced as one category but the event organisers reserve the right to split Masters' events into age bands (e.g. A-D and E-H) should there be sufficient entries in a particular event. Final placings will be awarded following handicapping using the Scottish Rowing approved handicap calculation.

The number of women in a mixed crew must be at least half the total (excluding coxes).

Facilities

Hot drinks and refreshments will be provided by an outside catering van located close to the trailer parking areas.

There are no showers at our Boathouse, however the nearby Sports Centre is open to all Members of the Public. An entry fee is payable.

Toilet facilities will be provided at various locations beside the Boat Trailer parking –access to the toilet in the IRC boathouse will be restricted to Umpires and regatta officials only.

Covid Rules and Advice

Please do not attend the competition if you are experiencing any symptoms of COVID-19.

Members in a vulnerable group should assess their own risk before attending the event.

*In the case of a person visiting the event testing positive for COVID-19 afterwards, it is the affected persons own responsibility to contact their own rowing club to inform any other potential persons affected. Said person should also inform the hosting regatta Covid Officer.

National guidelines are available to view at [Coronavirus in Scotland - gov.scot](https://www.gov.scot/topics/health/coronavirus)

GDPR Notice

- To run this event, Inverness Rowing Club has a Legitimate Interest in collecting the following information from competitors:
 - Name, Club, Date of Birth (for Juniors & Masters entries), Racing Licence (number and racing status)
 - Photographs & video of crews at start and finish for the purpose of checking the results of the timing system.
- This information may be shared with Scottish Rowing (to maintain compliance with the Rules of Racing) and other club officials (to resolve any dispute about crew eligibility or race results).
- Inverness will publish the stroke names, event entered, club and Masters status plus time over the course for each crew on its website to advise the running order and results.
- With the exception of the information on the running order and results, all data received will be deleted or securely destroyed 1 month after the event. The running order and results will continue to be available on our website for several years (no date has been set for its removal).
- Please contact us if you wish a crew to be redacted from the publication of the results.

This event will take place in a public space. People may take and share photographs during the weekend. With the exception of the photographs and video we collect for processing the results, such activity is undertaken on a personal basis and Inverness Rowing Club can take no responsibility for the collection or use of such personal information.